

**ACT HAPPY**  
**Good Samaritan Society Senior College**  
**Fall 2010**

This HOLISTIC MEDICINE SHOW prescribes and dispenses LAUGHTER, METHOD ACTING and STAGE skills that TURN ON the CHEMISTRY of success. These UP BEAT, scientifically proven, techniques unlock an inner bio-cellular pharmacy that gets us HIGH on life.

TRANCE-mit this HAPPY CHEMISTRY to others and—everyBODY INjoys the DRAMATIC benefits.

Be a STAR.

Be a ROLE MODEL.

Be GOOD MEDICINE.

Topics:

1) Act Happy! Live it UP! Laugh for the HEALTH OF IT!  
and NEVER ACT YOUR AGE Dale Anderson, MD

2) The NEUROBIC ACT! WISE UP! BRANCH OUT! RE-model, RE-fire, RE-gain the BRAIN! Dale Anderson, MD

3) Muscle Pain Relief in 90 Seconds the FOLD and HOLD Method  
The Moves that Erase Pain

4) Life Ever LAUGHING with WELLderly Wisdom Annie Anderson/Annie Glasgow with guest stars OLE & LENA

PRESENTERS:

**Dr. Dale Anderson, MD, FACS, DABIHM**

[www.ActHappy.com](http://www.ActHappy.com) Email [Dr@ActHappy.com](mailto:Dr@ActHappy.com)

Dr. Dale Anderson, MD pre-med, Carleton College, med school U of MN

FACS-Fellow Am. Col. Surgeons, Mayo trained, and board certified general surgeon

DABIHM-(founding)Diplomat Am. Board Integrative and Holistic Medicine

Lapsed by choosing not to recertify, ABEM-Am. Bd. Emerg. Med.

Member National Speakers Association, &Am. Association of Medical Communicators

Emeritus Clinical Assistant. Prof. Dept. Surgery. U of MN Medical School

Past board member of the U of MN Alumni Assn. and U of MN Medical Alumni Assn.

**Annie Glasgow, MSW**

[www.BE-WELLDERLY.COM](http://www.BE-WELLDERLY.COM)